



Committed to:

- Helping individuals find their passion or take it to a higher level.
- Helping organizations increase sales with crystal clear communication.
- Providing proven steps that people of all ages can implement for better health, more wealth and increased personal freedom.

KAREN SADLER, Longevity Change Agent

AGE CONVERSATION / AGE INSPIRED WISDOM

• **When I Turn 100. Longevity’s new life & work vision.**

Living longer, working longer. Work is not a 4 letter word to those who have found a passion. Retirement was created when people didn’t live past 70. Today, 4 in 10 are projected to live to 120. Frailty is not inevitable. Today’s actions in mind, body & heart-spirit directly effects life quality and vibrancy. Through a visioning process , creating without limitations, set in motion a new life and work vision. You only have this life once. Why waste it?

• **Wordology. Communication that moves you to excellence!**

Inspire or motivate? Healthcare or wellness? Understanding the relationship of words to each generation improves marketing and relationships which in turn increases sales. More generations then ever before are living or working together. A pathway to successful business and personal relationships is clearly understanding distinctive generational value systems. Can you afford not to update your communication skill?

• **Mature Brain Social Media Basics. What’s hot, what’s not!**

The platform of Online Social Media is here to stay. Learn which ones you should be on and why. Facebook—LinkedIn—Twitter—Pinerest—YouTube... Learn how to set up engaging profiles and interactions. Potential clients and decision influencers are on line (as well as new friends). How can you afford not to be?

- **Business Consulting**
- **Life Coaching**
- **Workshops & Keynotes**
- **Teleseminars & Webinars**

Sales and marketing expert, entrepreneur and corporate.

Communication specialist, bridging generational gaps.

Creative life strategist, transforming lives.

Brainstormer, idea generator.

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Karen Sadler
 With a 40 year professional career in education and business, Karen has successfully transitioned into multiple industries as a sales and marketing expert. She speaks from the heart inspiring action in individuals to live their best life and inspires businesses to foster more creative thought leaders to effect greater change in the world.